

Health Screening is essential. Don't leave detection to chance!

Prevention is better than cure, and early detection through health screening can lead to a far more favorable disease outcome than leaving detection to chance.

At Phoenix Medical Group, we understand that different individuals have different needs and risk profiles. Our health screening packages are therefore thoughtfully designed to meet the individual's health needs.

Choose from our four packages or speak to us should you require a more tailored package.

Get your health screening done and embark on a journey to better health.

OUR LOCATIONS

SELETAR

1 Seletar Road, #02-11 Greenwich V, S(807011)
Tel: 6555 3512 | Fax: 6484 2240

HILLVIEW

4 Hillview Rise, #02-20 HillV2, S(667979)
Tel: 6710 7157 | Fax: 6710 7167

PAYA LEBAR

60 Paya Lebar Road, #02-09
Paya Lebar Square, S(409051)
Tel: 6702 2940 | Fax: 6702 2941

NOVENA

275 Thomson Road, #01-05
Novena Regency, S(307645)
Tel: 6763 9185 | Fax: 6763 9195

**BOOK AN APPOINTMENT FOR
YOUR HEALTH SCREENING TODAY.**

Call our respective outlets or
Email us: askpmg@phoenixmedical.sg

PRE HEALTH SCREENING INSTRUCTIONS

FASTING

- Do fast (no food of any sort) for at least 8 hours before your health screening appointment timing
- Drinking of plain water is permissible up to the morning of screening

MEDICATION/SUPPLEMENTS

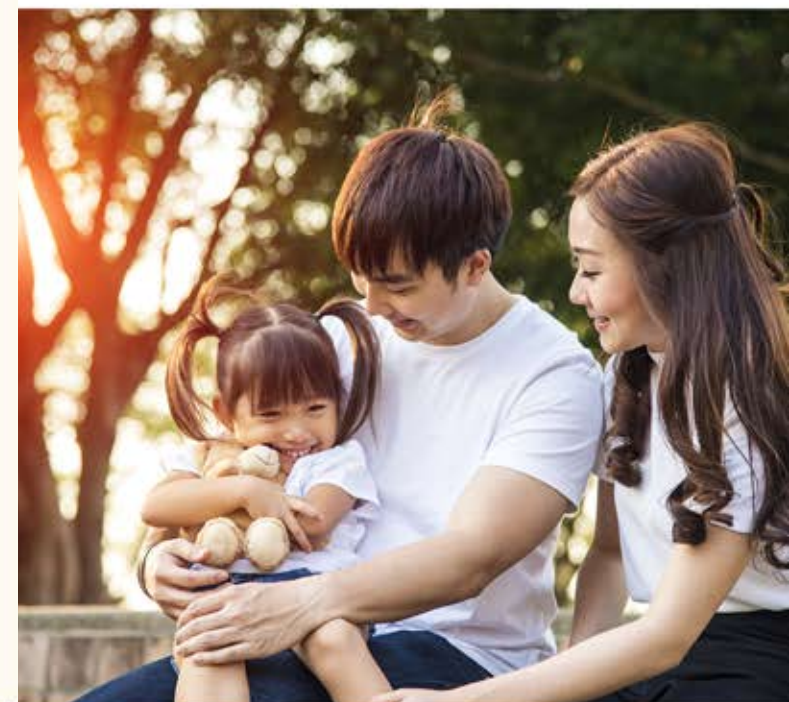
- Please continue to take your routine morning medication and/or supplements until your blood sample is taken or unless advised against by your doctor

STOOL FOR OCCULT BLOOD AND STOOL FEME TEST

- You may collect the stool cassette prior to your appointment day if you wish to do so
- You should only collect your stool sample the day before your appointment
- Please store the cassette away from sunlight and at room temperature
- Submission of stool cassette can be done from the day of the screening onwards

FOR LADIES

- Pap smear, urine and stool tests should be done at least 3 days after the last day of menstruation
- If you are menstruating on the day of your appointment, please inform the nurses on arrival.
- We will perform your urine, stool tests and PAP smear at review instead



**HEALTH
SCREENING**
for you and your
loved ones.